

HOPE

It's what we bring to the table.

2006 C&S COMMUNITY INVOLVEMENT REPORT



As the second-largest grocery distributor in the United States, C&S knows a few things about getting food to people.

But we also realize that people cannot live by bread alone. Hope, compassion and a helping hand can be just as critical as a hot meal. That's why caring and sharing with others is an integral part of what we do.

Each year, C&S Wholesale Grocers donates huge quantities of food to community pantries, food kitchens and relief organizations, making us one of the nation's top food donors. We also help fund hundreds of civic, charitable and community organizations—from well-known groups like United Way to small, innovative programs with more heart than cash. When it comes to volunteering, C&S employees give their time and energy to a wide variety of community organizations.

Any company can make a profit. But not every company can make a difference. At C&S, we do.

Hope.

It's what we bring to the table.

H O P E

Because it's the RIGHT THING TO DO

Rick Cohen, President and CEO, talks about the role of corporate giving and community involvement at C&S Wholesale Grocers.

Q: How did C&S become involved in corporate giving and community involvement?

RC: Community involvement and corporate giving have been core activities of C&S since 1974, when I first started working with my father. Back then we were a small company and not making much money, but we still gave generously to United Way and we always matched our employees' contributions. As my father used to say, "If we can't do it, who can?"

So that's how it started, with United Way. As for our food donations, that seemed natural. We ship a billion cases a year, and we always have food products that aren't saleable for some reason—but are still good and nutritious. So we donate that food to community kitchens and food banks. We've been doing this since 1981, and each year our donations have increased. Preventing hunger is now one of our company's major corporate causes.



Q: How have your personal values to "give back" led to the good works of C&S in the company's communities?

RC: I guess I was just brought up that way. And you know, all of us are only here for a short period of time, so it seems to me that if we can do something to help people then we should.

Q: What are the most rewarding aspects of the C&S community involvement program? What are you and C&S employees most proud of?

RC: I think that we're all proudest when we help our own communities. For instance, last year, when I was on vacation during the Katrina hurricane, I got a voice mail from a woman whose husband is a driver for C&S. She said, "Mr. Cohen, there's a home on the Gulf Coast for five hundred children with special needs that's in serious trouble. They don't have water, they don't have diapers and nobody seems to be able to do anything. Can you help?"

I thought for a minute, then I called the warehouse manager and said, "Let's send a truckload of water and sanitary supplies." It was a lifesaver for those children and their caretakers.

That's the kind of thing C&S likes to do—to respond quickly and to bring what people really need. When 9-11 happened, we were the first to arrive at Ground Zero with water and power bars for the rescue workers. And after Hurricane Katrina struck, we were first on the scene with ice and water. We did what the U.S. Government couldn't do.



Q: Often philanthropists can point to a role model who shaped their philosophy of giving. Are there any individuals like this in your life?

RC: I had two role models, actually. There's my father, who always believed in charitable giving, and then there was my great grandfather Benjamin Russell. Even when he didn't have much, he'd dig in his pocket and find something to give people. He came over from Russia in the 1890s so he understood what it was like to struggle. He used to say, "In Russia, we had nothing; in this country, we have so much."

Q: In your opinion, what is it about C&S that inspires employees most?

RC: I think what really excites our employees is that they can make a difference in their communities, and that C&S does too.

Q: Given your busy schedule, are you able to get personally involved in any community or charitable programs?

RC: I travel a great deal, so much of what I do is supportive of our overall giving efforts. I make frequent visits to C&S warehouses and to the food banks we support. And recently I spoke at a United Way fundraiser to encourage other companies to lend their support.

Q: Should more companies get involved in helping civic and charitable organizations? Why?

RC: Yes. I think more companies should get involved in corporate and community giving. The impact you can have is wonderful to see. I think it gives everyone in the company a lot of pride.

Q: When you think of your heroes—people who made a difference or who are still making a difference today—who comes to mind?

RC: Well, I grew up reading about Albert Schweitzer: he and Mother Teresa made a deep impression on me. I must have communicated that to my daughter, because she spent six months in Africa helping with a relief project. My wife Jan also does a lot of charity work in the

community. People just love her.

But I would say that the people who inspire me most are the ordinary, everyday people whose lives are just as busy as mine, but who take the time to make a difference. They're heroes to me.



Fighting HUNGER

Feeding HOPE



Hunger is real, and hunger hurts.

Even here in the U.S., millions of people —over half of them children and seniors—are hungry or malnourished. Many others are “food-insecure,” which means their next meal is far from certain.

As the nation’s second largest grocery wholesaler, C&S is in a strong position to make a difference for America’s hungry citizens.

And we do.

Each year C&S gives generously to fight hunger, making us one of America’s top 20 food donors. Our donations are made through America’s Second Harvest,

The Nation’s Food Bank Network. This is the largest domestic hunger-relief organization in the United States with a network of more than 200 member food banks and food-rescue organizations.

The America’s Second Harvest Network secures and distributes nearly 2 billion pounds of food and grocery products annually, serving more than 25 million low-income hungry people. C&S is proud to be a partner of America’s Second Harvest. Almost every day, we gladly donate tons of food from our warehouses to their national network.

C&S named Grocery Distributor of the Year by America’s Second Harvest

In 2006 America’s Second Harvest, the Nation’s Food Bank Network, honored C&S with their Grocery Distributor of the Year Award. This award recognizes C&S for its donation of over 10 million pounds of food last year, and for its ongoing work in alleviating hunger. C&S is pleased to be recognized by America’s Second Harvest, and even more pleased to support their compassionate mission.



Mapping HUNGER

Who is HUNGRY in America?

Each week, nearly 25 million people in America receive food assistance. A recent study by America’s Second Harvest reports:

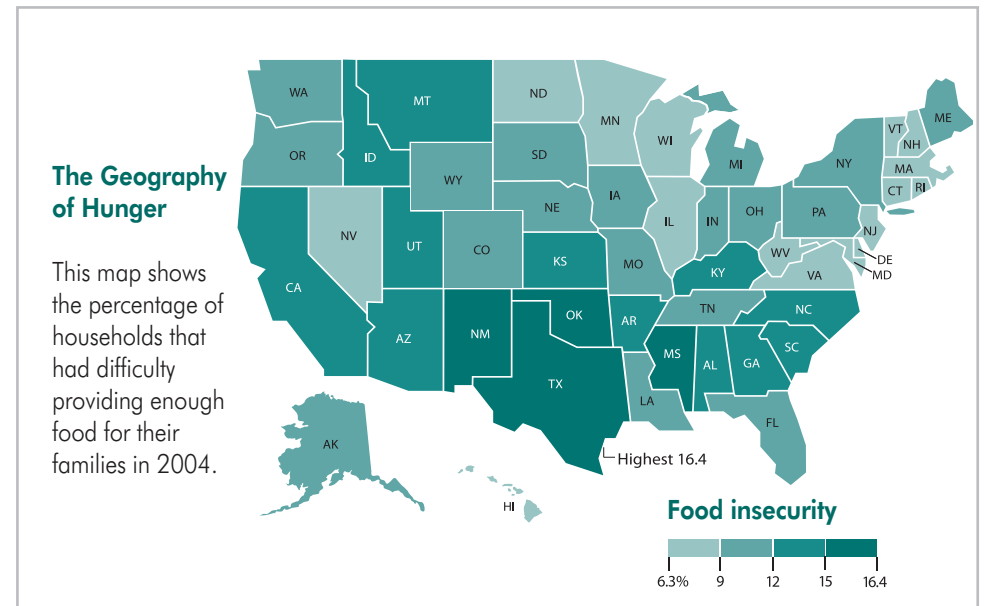
They are young...
36% of the hungry in America are children under 18 years old.

And old...
10% are over 65 years old.

They are diverse...
40% are white, 38% black, 17% Hispanic, and the rest are from other ethnic groups.

Many are working...
36% of households seeking food assistance include at least one employed adult.

Most are poor...
68% have incomes below the official federal poverty level.



They face hard choices...
42% of clients served by America’s Second Harvest report having to choose between paying for food and paying for utilities or heating fuel.

35% had to choose between food and paying their rent or mortgage.

32% had to choose between food and medicine or medical care.

Many are sick...
30% of households have at least one member in poor health.

And some are homeless.
12% of the hungry in America do not have a place to live.

Support for

FOOD BANKS

Fighting hunger doesn't always mean donating food. Sometimes financial help is needed—for programs, outreach, or equipment. At C&S we provide cash grants for America's Second Harvest food banks in our communities to help them serve people in need.



Food Bank of the Hudson Valley Cornwall-on-Hudson, NY

Goal: Find 100,000 additional pounds of fresh, healthy food

How C&S helped: The Food Bank of the Hudson Valley serves 360 agencies and over 77,000 people, but needs more food donations to continue serving its communities. With funding provided by C&S, the Food Bank was able to hire a temporary fresh produce coordinator who identified new, permanent sources of food.

Food Bank of the Piedmont Mauldin, SC

Goal: Expand refrigerator space for more fresh, healthy food

How C&S helped: Fresh foods such as produce, dairy items and meat are vital to good nutrition. But the Food Bank of the Piedmont did not have enough refrigerator space to supply their clientele of 150,000 people. Thanks in part to C&S, the Food Bank was able to double their cooler capacity, and can now accept and store more perishable food.

United Way Community Food Bank Birmingham, AL

Goal: Improve warehouse lighting to boost productivity and morale

How C&S helped: The 57,000 square foot warehouse of the United Way Community Food Bank should have been a happy place—after all, it was filled with donated food for hungry families. However, with one-third of the lights non-functional, working in the poorly-lit facility was difficult. So C&S stepped in with funding for bright new lighting fixtures—which boosted productivity by 29,000 pounds of food packed each month!

Foodshare Bloomfield, CT

Goal: Recover fruits and vegetables from the Connecticut Regional Market

How C&S helped: Perfectly edible fruits and vegetables that would otherwise be thrown away at the end of each day by the CT Regional Market are collected and repacked by Foodshare. This amounts to over 3.7 million pounds of produce a year. C&S's support of the Produce Recovery Program results in immediate access to donated produce, much of which is distributed by the "Mobile Foodshare" trucks to local public housing complexes and other sites.

Left: Volunteers at Foodshare, Connecticut. In recognition of the 2006 National Hunger Awareness Day, C&S made a gift of "Fighting Hunger—Feeding Hope" aprons to partner food banks across the country.



Photo courtesy of America's Second Harvest

Food Bank Honolulu, HI

Goal: Provide food to homeless people

How C&S helped: Hawaii can be paradise—but it has pockets of poverty that tourists never see. On Oahu's northern coast, many homeless people (including native Hawaiians) live on the beach in tents or in cars and do not have money or food. With support from C&S, the food bank regularly brings free, fresh produce to the poorest of the poor.

**Lehigh Valley Food Bank
Allentown, PA**

Goal: Provide assistance to 19 local hunger agencies

How C&S helped: A grant from C&S will be used to support 19 food shelves and meal sites in or around Bethlehem, Pennsylvania where our company has a new distribution center. Over the course of 12 months, it will result in approximately 150,000 lbs. of free food to be distributed to families and individuals in need.



**Food Bank of Western Massachusetts
Hatfield, MA**

Goal: Support the Food Bank's "Door-to-Door" program

How C&S helped: For years, homeless shelters and soup kitchens in western Massachusetts had to travel to the Food Bank's warehouse with a van or car to pick up supplies—a process that often limited the amount and type of food they could take. C&S is helping fund the "Door-to-Door" program which sends refrigerated Food Bank trucks into communities to effectively reach soup kitchens, homeless shelters and other food assistance agencies.



**Long Island Cares/
The Harry Chapin Food Bank
Hauppauge, NY**

Goal: Break the hunger cycle by funding skills programs for women and at-risk youth

How C&S helped: Two groups on Long Island are battling food insecurity: low-income young single mothers and at-risk

students. The mothers lack resources and job skills, and the students are living on the edge, close to dropping out, using drugs, joining gangs, or getting in trouble with the law. To break the cycle of poverty, the food bank asked C&S for financial assistance to support free workforce development programs. Enrollees learn specific job skills to increase their employability and self-sufficiency, and reduce their reliance on food assistance.

**Capital Area Food Bank
Washington, DC**

Goal: Support Kids Café programs in Prince George's County, MD

How C&S helped: Kids Café is a free afterschool program that provides healthy snacks and often, a full, hot meal for children from low-income families who may not have a nutritious dinner available at home. The program also offers homework assistance, mentoring and instruction in the basics of good nutrition. A grant from C&S allows the Capital Area Food Bank to provide training for staff and to restock five Café kitchens.



**Chattanooga Area Food Bank
Chattanooga, TN**

Goal: Support the food bank's community gardening program for low-income seniors and disabled citizens.

How C&S helped: For low-income senior citizens living in an inner-city housing complex, a vegetable garden established by the Chattanooga Food Bank has brought many benefits. For 22 years, the garden has been an important gathering place for the elders, stimulating social interaction, encouraging self-reliance, and beautifying the neighborhood. The garden includes a greenhouse for year-round growing, and five raised wheelchair-accessible garden plots. Support from C&S brought the greenhouse back to prime operating condition and paid for supplies to keep the garden growing.

Photo at left and photos on page 11 courtesy of America's Second Harvest



Caring & Sharing

C&S Community, Health and Children's Programs

At C&S we know that nourishment comes from more than just food. That's why we support programs that focus on community services, health care and children. Here are just some of the many programs we are proud to support.

Confronting childhood cancer

Kids who are battling cancer are among the bravest people around. They are confronted with pain, medical tests, operations, hair loss, and often long hospital stays. To help children with cancer, their caregivers and the researchers who are searching for a cure, C&S holds an annual charity golf outing. In 2006, proceeds went to The Children's Hospital at Dartmouth in Lebanon, NH, The Dana-Farber Cancer Institute in Boston, and the Hole in the Wall Gang Camp in Ashford, Connecticut. To date, C&S and our generous vendors have "feed up" and donated over \$1.4 million toward the cause.

Photo: Mark Washburn, DHMC staff photographer



The ad shown above which appeared in the New York Times, highlighted United Way's National Corporate Leaders, including C&S.

United Way

United Way's mission is to "mobilize the caring power of communities." As the nation's number one community-based fundraiser, United Way is able to make significant and positive changes in communities and people's lives. With its uniquely local approach, United Way focuses on the issues that mean the most to communities. This includes programs that strengthen families, improve access to health care, help at-risk children and youth, and improve self-sufficiency.

C&S proudly supports the work of United Way. As a National Corporate Leader, we give generously and encourage our employees to do the same.



First Book

Do you remember the magic of your first book—how it opened a world of imagination

and possibilities? That memory was the inspiration for First Book, a national, nonprofit organization that gives children from low-income families the opportunity to read and own their first books. Since its founding in 1992, First Book has distributed more than 40 million books to children across the country.

At C&S, we understand how much "a book of my very own" means to a child and how important reading skills are to growing minds. That's why we are proud to sponsor First Book Literary Registries and free book programs in seven C&S communities.



C&S National Children's Nutrition Education Program

It's ironic, but poor nutrition can lead to hunger and obesity, both significant problems for many of America's children. C&S is helping address both issues by providing funding to America's Second Harvest to launch two programs that will improve children's nutrition.

Community Involvement/ Corporate Citizenship Awards

C&S has been recognized by many nonprofit and charitable organizations for its good works and financial support of worthy causes. Here are some of the awards we were honored with in 2006:

CHaD Champion Award

Children's Hospital at Dartmouth, NH

Campaign Award of Excellence

United Way of Greenville County, SC

Circle of Excellence Award

Monadnock United Way, NH

Humanitarian Award

Lutheran Social Ministries of NJ, Immigration and Refugee Program, NJ for humanitarian services and exceptional philanthropy

Spirit of Caring Chairman's Award

United Way of Lackawanna County, PA

Largest Growth in their Commitment Award

United Way of Central Jersey, NJ

Not Your Typical Business Award

Citizen's Bank and New Hampshire Business Review, NH

Make A Difference Day Award

USA Weekend Magazine, Points of Light Foundation to C&S Keene for commitment to making a difference in the lives of others

25th Anniversary Certificate

Brattleboro Chamber of Commerce, VT

Certificate of Appreciation

United Way of Windham County, VT

Service Award

Hampshire County Triad, NH to C&S Hatfield for long-term support of Triad, a community policing initiative aimed at increasing seniors' safety

Grocery Distributor of the Year

America's Second Harvest, IL for significant contributions to end hunger in America

Food Industry Leadership Award

Vermont Food Bank, VT

National Committee for Employer Support of the Guard and Reserve

U.S. Department of Defense, D.C. for outstanding service to the national defense through support of the National Guard and Reserve

The first program will provide nutrition education tool kits containing lesson plans, staff training materials/manuals, posters, recipe books, aprons and more to teach kids nutrition basics and healthful cooking. These tool kits will be distributed at more than 1,200 Kids Cafés serviced by the food banks of America's Second Harvest.

The second program will provide kid-friendly nutrition education materials to include in children's backpacks once a month during the school year. The Backpack Program provides packs filled with healthy food that children take home on weekends. It is the fastest growing program at America's Second Harvest, reaching 30,000 children each week.

Looking to the FUTURE

Training future leaders and taking steps to protect the environment are part of the C&S commitment to community involvement.

The C&S Hunger Leadership Initiative

The aim of the C&S Hunger Leadership Initiative is to nurture and develop a new generation of leaders with a fresh perspective and commitment to addressing the issue of hunger in America. To achieve this goal, C&S is actively funding and working with a variety of local and national organizations who share this leadership vision. This year, C&S supported two organizations dedicated to helping young people understand and lead the fight against hunger.

Youth Horticultural Project Brattleboro, VT

Goal: Provide meaningful work and leadership development skills to at-risk youth

How C&S helped:

Sunshine, fresh air, satisfying work and mentoring are the key ingredients of this youth education and development program. Teens learn personal responsibility, teamwork and communication skills at a real working farm. The organic vegetables they grow are donated to food banks and sold at the local farmers' market. These young farmers even hold nutrition and cooking classes for the community. C&S is proud to support this creative and successful program.

Congressional Hunger Center Washington, DC

Goal: Develop new leaders in the fight to eradicate hunger

How C&S helped:

The Congressional Hunger Center is a leadership training organization whose mission is to develop the next generation of activists in the global fight against hunger. The program includes intensive skills training and community service on the "front lines" of hunger. C&S believes strongly in the work of the Congressional Hunger Center, and provided funding that will allow this year's Hunger Fellows to receive additional leadership training.

Reducing our footprint

At C&S we strive to make the world a healthier place to live in through conservation and innovation.

Biodiesel and Smart Business: A Good Blend

At C&S, we're experimenting with new technologies to reduce our environmental footprint. In 2006, C&S completed a successful pilot program using biodiesel fuel in 40 tractor trailers from our South Carolina and Tennessee facilities. Made from a 20% blend of soy and diesel, this alternative fuel decreases both emissions and costs.

The Green Team

"The Green Team" is C&S's own corporate conservation program, designed to make all of our warehouses and offices as energy-efficient and environmentally responsible as possible. From power-smart lighting to paperwork reduction programs, the C&S Green Team actively works to conserve resources and reduce waste and pollution.



Supporting higher education

In 2006, C&S focused on education, by giving support to two excellent centers of higher education.

Saint Joseph's University Philadelphia, PA

The Academy of Food Marketing at Saint Joseph's University is one of the leading incubators for professionals in the grocery

and food business. In 2006, the school honored C&S CEO Rick Cohen with a special citation, at a dinner that raised over \$1 million for the school and its educational foundation.

"I want to thank the Academy of Food Marketing for helping train our future leaders," said Rick Cohen at the presentation.

Keene State College Keene, NH

When Keene State College recently opened the doors to its new science center, it marked the beginning of a new chapter for the college. With 32 research and teaching labs, students and faculty now have access to some of the most high-tech equipment in New England. C&S was proud to be a major supporter of the project.



Leaders in HOPE

At C&S, we're proud to be a company that cares—with employees who are making a difference for people and communities all across the country.



Meet Nicole Ellis C&S 2006 Volunteer of the Year

Energetic, involved, and tireless. Three words that sum up what makes Nicole Ellis so effective, both on the job, and in her community. Nicole, a C&S human resources representative, devoted over 200 hours last year to delivering food for the New Day Tabernacle Food Pantry to elderly and homebound people.

"So many people are hungry these days through no fault of their own,"

says Nicole. "I wanted to do something to help them."

The C&S panel that selected Nicole as Volunteer of the Year commended her leadership, initiative and desire to make a difference in people's lives. And she does make a difference for so many people—not just because of the food she brings, but also because of her warmth and kindness.



A volunteer from C&S sorts donated food at the Birmingham Community Food Bank in Birmingham, AL.



A group of C&S volunteers assembled food boxes at the Food Bank of Western New York in Buffalo.

Make a Difference Days

Make a Difference Day is a new tradition at C&S. For the past four years our Associates have turned out to help their neighbors and communities, volunteering on a wide range of worthwhile projects. From painting walls and building shelves to harvesting vegetables and delivering food, C&S Associates are indeed making a difference.

Some of our 2005-06 projects included:

- Harvesting vegetables at the Capital Area Food Bank's organic farm in Maryland
- Painting a warehouse room at the Food Bank of Hudson Valley, NY
- Repacking 8,000 pounds of food at the Cleveland Food Bank, Cleveland, OH
- Moving and stocking shelves at the Fall Mountain Food Pantry, Langdon, NH
- Painting and cleaning at the Brattleboro

- Senior Meals Program, Brattleboro, VT
- Painting walls at a homeless shelter in Springfield, MA

- Packing emergency "blizzard boxes" for the Meals-On-Wheels program at the Food Bank of Western New York

- Repacking food at the Food Bank of Central PA, Harrisburg, PA

- Building shelves for the New Life Food Pantry in Greenwich, SC.

Time to spruce up! C&S volunteers painted walls at the Hawaii Food Bank.

Volunteers from C&S tackled a painting project at the Community Kitchen in Keene, NH.



Grants / Mini-Grants

Sometimes a small grant is all it takes to get a great idea off the ground—or inject new energy into an existing program. With C&S mini-grants our associates can make an impact in their communities. Here are some of the programs we helped fund in 2006.

Association for the Prevention of Sickle Cell Anemia, Inc. Aberdeen, MD

Goal: Support for ongoing research

How C&S helped: Sickle Cell Anemia is a hereditary blood disorder that affects over 80,000 Americans, causing pain, tissue damage and sometimes stroke. C&S Aberdeen provided support for the ongoing search for a cure.

KidSAVE International, Inc. Washington, DC

Goal: Support the Weekend Miracles family-based permanence program

How C&S helped: KidSAVE is a volunteer organization working to find permanent, loving homes and families for older children currently in orphanages and foster care. A mini-grant from C&S affiliate Collington Services will help fund the Weekend Miracles Program, whose goal is to help find permanent homes for 40 children in the Washington, D.C. area.

Mission of Mercy, Inc. Harrisburg, PA

Goal: Free health clinic for uninsured people

How C&S helped: A mini-grant from C&S Harrisburg helped Mission of Mercy, a free health clinic, continue its efforts to provide over 1,300 patient visits, dispense over 3,300 prescriptions and perform more than 350 dental procedures.

Pinson Valley Youth Association Birmingham, AL

Goal: Replacement of stolen football equipment.

How C&S helped: More than 200 children participate in the Pinson Valley Youth Association football program. In 2006, this program suffered a major setback when all of their sports equipment, valued at \$6,000, was stolen. Through our affiliate, Birmingham Logistics, C&S made a donation towards the purchase of new football equipment, helping put the Pinson Indians back in the game.

United States Veterans Initiative—Hawaii Kapolei, HI

Goal: Help Veterans Initiative increase meal preparation capacity

How C&S helped: A mini-grant from Hawaii Logistics helped the Veterans Initiative buy needed supplies and equipment for its Kalaeloa facility, which serves 300 meals to 100 homeless military veterans daily.

Students of Marlboro College Katrina Relief, Brattleboro, VT

Goal: Support for student-led hurricane relief trip

How C&S helped: In March, 31 Marlboro College students devoted their spring break to helping residents of southern Mississippi and New Orleans clean up and repair homes devastated by Hurricane Katrina. A mini-grant from C&S in Brattleboro made sure that the students had plenty of water and snacks to bolster their energy and share with those in need.

Miracles in Motion, Keene, NH

Goal: Therapeutic horseback riding program for disabled children

How C&S helped: A mini-grant from C&S headquarters in Keene helped support the Miracles in Motion therapeutic riding program. Disabled individuals are offered a rare opportunity to enjoy fresh air and sunshine free of wheelchairs and crutches.

Southeast Clergy Council Hunger Center, Bedford, OH

Goal: Support for growing emergency food assistance program

How C&S helped: The Southeast Clergy Council Hunger Center provides emergency food assistance to over 600 families in the Maple Heights, Oakwood Village and Walton Hills areas. A mini-grant from our Erie Logistics, OH facility will help the Hunger Center continue to meet the growing needs of the community.

Clovis West FLASH Fresno, CA

Goal: Sponsorship of a community softball team for girls

How C&S helped: A Fresno Logistics mini-grant provided support for the diverse group of student athletes who make up the age 12-and-under girls softball team. Team members are from a variety of elementary and junior high schools in Fresno/Clovis and the Central Valley.

Habitat for Humanity of Greater Chattanooga Chattanooga, TN

Goal: Ongoing homebuilding projects for low-income families

How C&S helped: Habitat for Humanity of Greater Chattanooga builds simple, decent and affordable homes for low-income families. Houses are sold to the families at no profit and with no interest. C&S Wholesale Services at Chattanooga made a donation to help support their efforts.



Chester Police Benevolent Association Chester, NY

Goal: Expanded self-defense program for women

How C&S helped: For two years, the C&S Chester facility has pledged to help keep people of their community safe by providing funding for a Rape Aggression Defense program for women. In 2005, a mini-grant was used to pay the registration fees for several women who could not otherwise afford to attend. This year's mini-grant provided funding so the program can expand to cover a wider geographic area.

Friends of Reedy River, Inc. Greenville, SC

Goal: Ongoing cleanup and protection of the Reedy River

How C&S helped: The Reedy River has been called the most polluted river in South Carolina. C&S Wholesale Services in Mauldin made a donation to the Friends of Reedy River to improve and protect the water and habitat for future generations.

Very Special Arts California (VSA) Sacramento, CA

Goal: Art programs for children with special needs

How C&S helped: Sacramento Logistics awarded a mini-grant to VSA to help unite over 3,000 regular and special education students in art projects that provide learning and growth experiences.

International Institute of New Jersey Jersey City, NJ

Goal: Immigrant workforce development

How C&S helped: For the past two years, C&S Metro has supported the International Institute of New Jersey in their mission to help immigrants make smooth and successful transitions to the U.S. workforce. A mini-grant is helping to fund crucial employment support, including work experience and readiness assessments, ESL and job skills training, and post-placement follow-up.

Civil Air Patrol—Catskill Mountain Group Highland, NY

Goal: Purchase of GPS unit for foul weather air rescue missions

How C&S helped: C&S Chester awarded a mini-grant for the purchase of a Global Positioning System unit with NEXRAD weather and terrain data. The new device will help volunteer air crews safely perform emergency air rescue missions in bad weather.

Friends of the Soldiers' Home Holyoke, MA

Goal: Purchase momentum recliner for the hospice unit

How C&S helped: A C&S Westfield mini-grant provided funding for the purchase of a special recliner for the hospice unit. This sleeper chair allows family members of veterans to spend time with their loved ones during the final hours of life.

About C&S

"C&S Wholesale Grocers thrives on teamwork, generosity. Their influence is felt in communities across the nation."

— New Hampshire Business Review, March 2006



C&S Wholesale Grocers of Keene, NH is the second-largest food wholesaler and the seventh largest privately held company in the United States.

The company distributes food to supermarkets, retail stores and military bases across the country. Currently, C&S serves over 5,000 stores through our 50 warehouses in 14 states. Among our customers are many of America's best-known companies, including Stop & Shop, Royal Ahold (Tops, Giant-Carlisle and Giant-Landover), Albertson's (Shaw's), Big Y, Bi-Lo/Bruno's, BJ's, Great Atlantic & Pacific Tea Co. (A&P), Pathmark, Safeway and Target.

C&S also owns and operates several subsidiaries, including:

Grand Union Family Markets

In 2006, this C&S-owned supermarket chain added 12 stores, bringing the total to 38 stores in the northeast U.S.

Southern Family Markets

Southern Family Markets has 49 grocery stores in Alabama, Georgia, Tennessee and other states in the southeast.

ES3 (Efficient Storage Shipping Selection)

ES3 provides true Just-In-Time food distribution and delivery service to retailer distribution centers and stores. Headquartered in Keene, New Hampshire, ES3 has facilities in Pennsylvania, Georgia, Ohio, California, Iowa, and Texas. Customers include Heinz, Unilever, DelMonte Foods, ConAgra Foods, and Campbell Soup Company.

The C&S VISION

*Braggably happy customers
Quality in everything we do
Everyone involved in everything
Braggably happy team members
And have fun in the process*

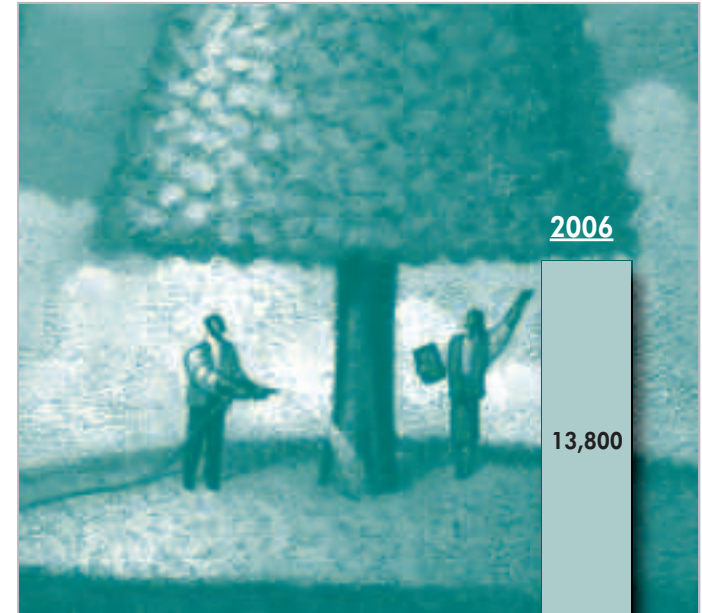
"How did C&S grow from a small, 100-employee company in 1974 to a \$20 billion company today? We got here because we are a team of hard-working people who are dedicated to being the best. We got here because we are willing to take risks and solve our customers' problems and commit to the highest level of service. We got here because we invested in our facilities, equipment, and systems.

The C&S way has always been to innovate—and to do what we do better than anyone else."

—Rick Cohen
President and CEO

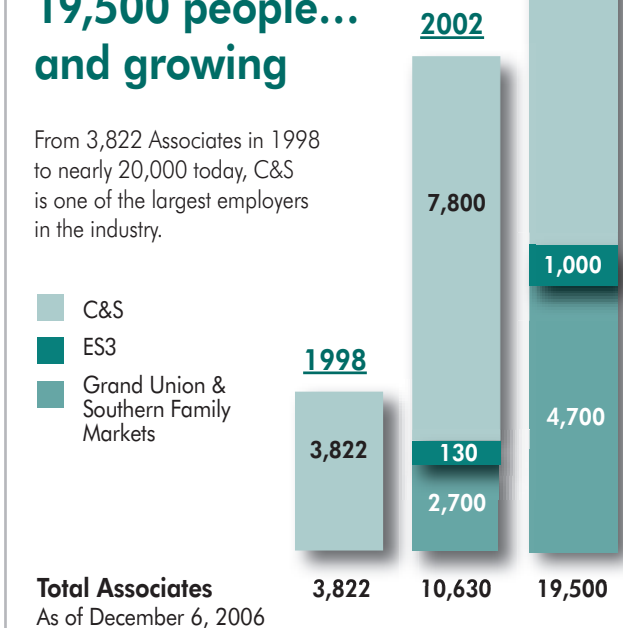
Winning numbers

The number of cases shipped by C&S has more than tripled since 1998.



19,500 people... and growing

From 3,822 Associates in 1998 to nearly 20,000 today, C&S is one of the largest employers in the industry.



Total Associates
As of December 6, 2006

Caring, sharing and touching lives

In every community, there are so many ways to care for, and share with others. From food banks to fire departments, from clinics to concerts, from meal programs to medical research, C&S is proud to support organizations who are making our world a better place.

The organizations listed here are just some of those who received contributions from C&S Wholesale Grocers between October 1, 2005 and September 30, 2006.

Aberdeen MD Fire Department
Abilities Unlimited of Western New England
Abner Gibbs Elementary School
Ashuelot Head Start
AIDS Services for the Monadnock Region
Alliance for Building Community
ALS Association - Greater NY Chapter
Alzheimer's Association
American Cancer Society
American Diabetes Association
American Heart Association
American Lung Association
American Red Cross
America's Second Harvest
Association for Community Living
Association for the Prevention of Sickle Cell Anemia
Avenel Volunteer Fire Company
Berkshire East Ski Patrol
Big Brothers Big Sisters
Boy Scouts of America
Brattleboro Fire Dept.
Brattleboro Community Land Trust
Brattleboro Area Drop In Center
Brattleboro Hospice
Brattleboro Middle School

Brattleboro Memorial Hospital
Brattleboro Museum & Art Center
Brattleboro Music Center
Brattleboro Senior Meals
Brattleboro Walk In Clinic
Brattleboro Winter Carnival
California State Railroad Museum Foundation
Cancer Connection
Cancer House of Hope
Capital Area Food Bank
Catskill Mountain Group - Civil Air Patrol
Center for Health and Learning
Center Stage Cheshire County
Central Dauphin High School Athletic Dept.
Chattanooga Area Food Bank
Cheshire County YMCA
Chester Academy
Chester Police Benevolent Association
Chester Public Library
Chesterfield School
Children's Museum of Stockton
Clovis West FLASH
Colonial Theatre
Community Food Bank of the Piedmont
Compass House
Congressional Hunger Center
Connecticut River Watershed Council
David's House
Deborah Hospital Foundation
Discover Westfield Children's Museum
First Book
Florence Learning Center
Food Bank of Delaware
Food Bank of the Hudson Valley
Food Bank of Western Massachusetts
Food Marketing Institute Foundation
Foodshare
Forest Research Education Center
Fresh Air Fund
Friends of Reedy River

Friends of the Farm at Hilltop
Friends of the Soldiers' Home in Holyoke
Gathering Place
Giving Monadnock
Goodwill Industries
Greenville County Recreation District
Guilford Volunteer Fire Dept.
Habitat for Humanity
Hall Farm Center for Arts & Education
Hampshire County Fire Defense Association
Hampshire County TRIAD
Harford Land Trust
Hatfield Public Library
Hatfield Fire Dept.
Hatfield Recreation Dept.
Hawaii Foodbank
Hinsdale Elementary School Playground Project
Hinsdale Middle & High Schools
Home Health Care and Community Services
Hugh O'Brian Youth Leadership
International Institute of NJ
International Rescue Committee
Jonathan Daniels School
Keene High and Middle Schools
Keene Knights Football & Cheerleaders
Keene Public Library
Keene Montessori School
Keene State College
Keene Swamp Bats
KidSAVE
Ledgewood Heights Low Income Housing Association
Leyden Elementary School
Little League Baseball
Long Island Cares—The Harry Chapin Food Bank
Lutheran Social Ministries of NJ
Maine Handicapped Skiing
Make-A-Wish Foundation
Maple Heights High School
March of Dimes

Marlboro Elementary School
Meals on Wheels
Miracles in Motion
Monadnock High School
Monadnock Area Foster Parent Association
Monadnock Community Connections School
Monadnock Family Services
Monadnock Humane Society
Monadnock Marauders Football
Monadnock Music
Montgomery Devils Girls Softball
National Naval Medical Center
Nelson Elementary School
New England Youth Theatre
NJ State Safety Council
Open Hearth Association
Orange-Ulster BOCES
Pancreatic Cancer Action Network
Parents Loving Children Through Autism
Parks Place Community Center
Pinson Valley Youth Association
Prevent Child Abuse
Regional Food Bank of Northeastern NY
Rescue Inc.
Rett Syndrome Research Foundation
Second Harvest Food Bank of the Lehigh Valley
Shore Dreams for Kids
Shriner's Hospital for Children
Smith Vocational and Agricultural High School
Southeast Clergy Hunger Center
Southwestern Community Services
Special Olympics
Spofford Fire & Rescue
Strolling of the Heifers
Students of Marlboro College
Katrina Relief
Susan G. Komen Breast Cancer Foundation
Symonds Elementary School
The Jimmy Fund
The United Way

United States Veterans Initiative
United Way Community Food Bank
Upper Chesapeake Health Foundation
USO of Northern Ohio
Valley Central High School Football
Vermont Association for the Blind and Visually Impaired
Vermont Center for the Deaf and Hard of Hearing
Vermont Foodbank
Vermont State 4-H
Vermont Theatre Company
Very Special Arts
Violetteville Volunteer Fire Dept.
Wallkill Area Youth Soccer
Walpole Village School
Warm the Children
West Hanover Township Parks & Recreation
West Oahu Blue Diamonds
Windham Child Care Association
Windham County Reads
Windham World Affairs Council of Vermont
Windsor Locks Fire Dept.
Windsor Locks Preservation Association
Women's Crisis Center
Yale University
Youth Services

Community Involvement Mission Statement

C&S Wholesale Grocers supports initiatives to stop hunger and to promote the health and enrichment of communities that are homes to our employees and facilities.

At C&S it all adds up to
HOPE

Employee volunteers

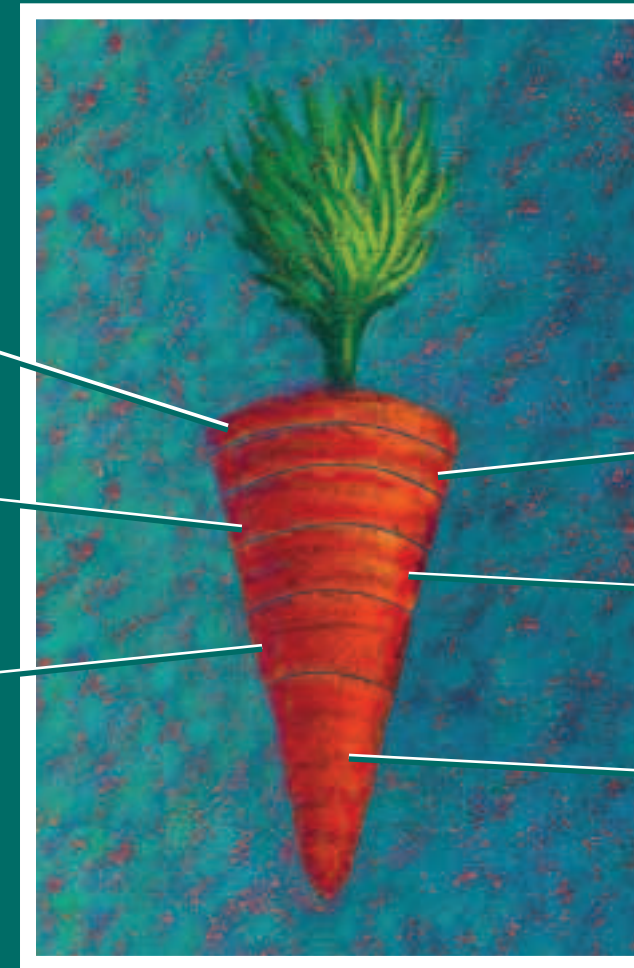
Local giving

United Way giving

Sponsorships

Major grants

Product donations to America's Second Harvest food banks





LOCATIONS: ■ Aberdeen, MD ■ Bethlehem, PA ■ Brattleboro, VT ■ Birmingham, AL
■ Greater Buffalo, NY ■ Chattanooga, TN ■ Chester, NY ■ Greater Cleveland, OH ■ Dunmore, PA ■ Fresno, CA
■ Central Islip, NY ■ Kapolei, HI ■ Keene, NH ■ Harrisburg, PA ■ Mauldin, SC ■ Montgomery, NY ■ Metro NJ area
■ Newburgh, NY ■ North East, MD ■ North Hatfield, MA ■ Sacramento, CA ■ South Hatfield, MA
■ Stockton, CA ■ Suffield, CT ■ Upper Marlboro, MD ■ Westfield, MA ■ Windsor Locks, CT ■ York, PA

HEADQUARTERS:

C&S Wholesale Grocers, 7 Corporate Drive, Keene, NH 03431

■ 603-354-7000 ■ Fax: 603-354-4690 ■ www.cswg.com

For further information about C&S and our community involvement programs,
please contact Gina Goff, Director of Corporate Giving and Community Involvement.