



# **C&S** **CARES**

**Caring & Sharing:  
Making a difference in the  
communities we serve**

2004 Community  
Involvement Report



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### **C&S VISION**

*Braggingly happy customers  
Quality in everything we do  
Everyone involved in everything  
Braggingly happy team members  
And have fun in the process*

# Caring & Sharing



*"Caring and sharing  
has been an integral part  
of C&S since my grandfather  
founded the company in 1918."*

Richard B. Cohen  
Chairman and Chief Executive Officer  
C&S Wholesale Grocers, Inc.

## About C&S

C&S Wholesale Grocers, Inc., is a privately owned company with annual sales of \$13 billion. C&S is currently the eighth largest privately held company in the nation, as ranked by Forbes magazine in 2003.

Founded in 1918, C&S provides wholesale food distribution to grocery chains, independent stores and military bases throughout the northeastern, midwestern and western United States.

Today, C&S is the largest food wholesaler in the Northeast and the second largest food wholesaler in the United States. More than 53,000 food and non-food products are warehoused by C&S including a complete line of dry groceries, frozen foods, frozen and dry baked goods, meats, dairy products, fruits and vegetables, seafood, delicatessen items, candy, health and beauty aids and general merchandise such as soaps and cleansers.

C&S currently employs approximately 10,000 people and has over three dozen distribution facilities in 10 states: Vermont, Maryland, New York, Ohio, New Jersey, Massachusetts, Connecticut, Pennsylvania, Hawaii and California. Collectively, those facilities encompass more than 11 million square feet of space.

C&S customers include such food giants as A&P/Foodmart, Big Y Foods, BJ's Warehouse, Demoulas, Finast, Foodmaxx, Giant Food Stores, Great American, IGA, Key Food, Pathmark, Safeway, Shaw's, Stop & Shop, D'Agostino's Markets and Tops along with many other independently owned and operated stores.

In 2004, C&S moved its corporate headquarters to Keene, New Hampshire. During that same year, the company was awarded the New Hampshire Outstanding Corporate Philanthropist of the Year Award by the National Philanthropy Committee and the Association of fundraising Professionals of Northern New England.



Photo courtesy of Flying Squirrel Graphics/John Douglas

## It's all about caring and sharing

Dear Friends:

As one of the largest privately held companies in the United States, we've certainly worked hard and had our share of success over the years. Of course with success comes the responsibility to be a good community partner. At C&S, we believe that rolling up our sleeves to lend a helping hand and sharing our resources with those less fortunate makes our communities better places to live and work. To us, that's what being a good corporate citizen is all about: caring and sharing.

At C&S, 'caring & sharing' is more than just a tag line. It's a philosophy that is embraced by senior management and permeates the company at every level. In fact, caring and sharing has been the very fabric of C&S since my grandfather founded the company 86 years ago.

As you read this report, you'll see many examples of caring and sharing. But remember one thing: None of this would be possible without the dedication and hard work of some truly wonderful people—our employees.

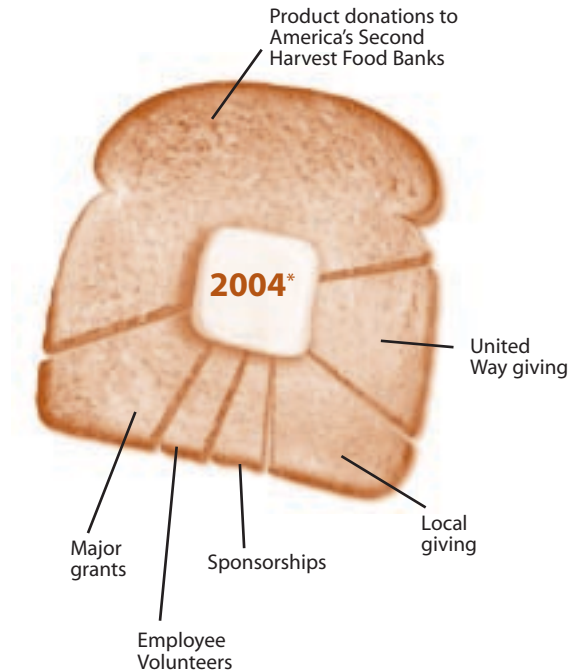
Thank you for your interest in C&S.

Richard B. Cohen  
Chairman and Chief Executive Officer  
C&S Wholesale Grocers, Inc.



At C&S, we take caring and sharing very seriously. In addition to product donations to local food banks, we also provided financial and human assistance in several key areas in 2004.

## C&S: A generous neighbor



\*Fiscal year 2004: October 1, 2003 to September 30, 2004

# FIGHTING HUNGER

## Food donations:

## Five million nutritious meals



**F**ive million meals represents an enormous amount of food. Yet in 2004, that's the approximate number of nutritious meals C&S provided to feed people in need. Nearly each day, and from each of our warehouses, we gave food to statewide or regional food banks that are members of America's Second Harvest, the national network of food banks and food rescue programs.

Our food donations included fresh fruits and vegetables, canned and frozen foods, meats and seafood, dairy products and personal care products. We also donated over 2,700 turkeys during the holiday season that were used to prepare 43,000 dinners.



**“Your in-kind gift of non-perishable food... has been invaluable. The families get the most use out of the peanut butter and jelly, crackers and cereal. One mother... was in tears when she was handed her food basket. She wasn't sure how she was going to feed her daughter... she used her food money for gas... she was thrilled and thanked us numerous times.”**

Kim Fine, Development Officer,  
New England Kurn Hattin Homes  
Westminster, Vermont



### Food banks we help

#### California

- Community Food Bank of Fresno
- Second Harvest Food Bank of San Joaquin and Stanislaus Counties
- Senior Gleaners

#### Connecticut

- Foodshare

#### Hawaii

- Hawaii Food Bank

#### Maryland

- Maryland Food Bank
- Capital Area Food Bank

#### Massachusetts

- Food Bank of Western Massachusetts

#### New Hampshire

- New Hampshire Food Bank's Local Member: Keene Community Kitchen

#### New Jersey

- Community Food Bank of New Jersey

#### New York

- Food Bank of the Hudson Valley

- Regional Food Bank of Northeastern New York
- Food Bank of Western New York

#### Ohio

- Cleveland Food Bank

#### Pennsylvania

- Central Pennsylvania Food Bank

#### Vermont

- Vermont Food Bank
- Local Members: Brattleboro Drop In Center, Our Place of Bellows Falls

### 2004 Awards and Distinctions

**Hunger Awareness Day Distinguished Partner** – Community Food Bank of New Jersey, Hillside, NJ

**Food Donor of the Year** – Capital Area Food Bank, Washington, D.C. and Maryland

**Food Donor of the Year** – Food Bank of the Hudson Valley, Cornwall-on-Hudson, NY

**Outstanding Corporate Philanthropist of the Year in New Hampshire** – National Philanthropy Committee and the Association of Fundraising Professionals of Northern New England, Concord, New Hampshire.

While being recognized for our efforts in the fight against hunger is certainly gratifying, we get a much greater sense of satisfaction knowing we are helping people every day. To us, the real heroes are the local food banks, soup kitchens, homeless shelters, senior centers and youth programs that get the food into the hands of those in need.

# FIGHTING HUNGER

## C&S cash grants

Every day in the United States, some 23 million people—including 9 million children—require emergency food assistance. Perhaps even more troubling is the fact that this number continues to grow. According to America's Second Harvest, 80% of its member food banks have experienced an increase in demand for food in the past year.

At C&S, we realize the fight against hunger often requires more than food

donations alone. As a result, we provide grants for organizations and programs that specifically help people who are in need. Programs like free summer lunches for at-risk children, fresh produce initiatives and emergency food distribution.

In our nation of great opportunity and abundance, the sad reality is that the battle to fight hunger continues on a daily basis. C&S is proud to be part of the effort to address the problem.



### **Food Bank of the Hudson Valley** *Cornwall-on-Hudson, New York*

Fresh produce is a valuable commodity for those in need—provided it can be distributed before it spoils. C&S provided a grant to the Food Bank of the Hudson Valley to help them hire a produce assistant to distribute fresh produce to the 330 food pantries, soup kitchens and homeless shelters it serves. With this position now in place, the Food Bank is better able to provide fresh fruits and vegetables to 70,000 people year-round.



### **Foodshare** *Windsor, Connecticut*

To support Foodshare's successful Produce Recovery Program, C&S awarded a cash grant to help defray the costs of this valuable and successful program. Working in conjunction with the Hartford Regional Market, the Produce Recovery Program distributes two million pounds of fresh produce annually to 100,000 food insecure people (including 40,000 children) in Hartford, Connecticut, and surrounding communities.



### **Hawaii Food Bank** *Honolulu, Hawaii*

The Leeward Coast on the Hawaiian island of Oahu is a place of great natural beauty, but unfortunately it is also home to 2,500 people living below the national poverty level. C&S provided a cash grant to the Hawaii Food Bank to assist them to deliver fresh produce to homeless people on the Leeward Coast, many of whom live in tent communities on the beaches.



**FIGHTING HUNGER**

*Continued from page 7*



**Food Bank of Western Massachusetts**

*Hatfield, Massachusetts*

Delivering donated food into the proper hands requires a Herculean effort. C&S provided a grant to The Food Bank of Western Massachusetts to support their "Door-to-Door" project, which delivers the equivalent of 2 million meals per year to 116 pantries, meal sites and shelters using refrigerated trucks. In the past, volunteers from the food pantries, soup kitchens and shelters had to use their own vehicles to pick up the food they needed.



**Capital Area Food Bank**

*Washington, DC*

C&S has always been a strong advocate for children—especially when it comes to their health and welfare. The Capital Area Food Bank runs a special program for 600 disadvantaged children in Prince George's county called "From the Ground Up" at Clagget Farm in Upper Marlboro. C&S' financial support will help maintain this valuable program, which teaches children the benefits of eating fresh fruits and vegetables and provides them with a first-hand experience on growing produce.

**“**C&S Wholesale Grocers' donation will go a long way toward helping us feed the hundreds of needy families on our Leeward Coast and will enable us to provide them with fresh produce well into next year. Thank you C&S Wholesale Grocers for joining the 'Ohana' (family) and feeding these families!**”**

Dick Grimm, President  
Hawaii Food Bank  
Honolulu, Hawaii



**UNITED WAY**

**Strong employee and corporate support**



**Helping local United Way organizations**

- United Way of Fresno County ..... California
- United Way of the California Capital Region ..... California
- United Way of San Joaquin County ..... California
- United Way of the Capital Area ..... Connecticut
- Aloha United Way ..... Hawaii
- Montgomery United Way ..... Maryland
- United Way Community Partnership of Harford County ..... Maryland
- United Way of Ann Arundel County ..... Maryland
- United Way of Calvert County .... Maryland
- United Way of Charles County ... Maryland
- United Way of Central Maryland ... Maryland
- United Way of Prince George's County ..... Maryland
- United Way of St. Mary's County ... Maryland
- United Way of the National Capital Area ..... Maryland/D.C.
- Pioneer Valley United Way ..... Massachusetts
- Hampshire Community United Way ..... Massachusetts
- Merrimack Valley United Way ..... Massachusetts
- United Way of Franklin County .... Massachusetts
- Monadnock United Way ..... New Hampshire
- Heritage United Way ..... New Hampshire
- United Way of Greater Nashua .... New Hampshire
- United Way of Central Jersey ..... New Jersey
- United Way of Ocean County ..... New Jersey
- United Way of Bergen County ..... New Jersey
- United Way of Hudson County .... New Jersey
- United Way of Greater Union County ..... New Jersey
- United Way of Monmouth County . New Jersey
- United Way of Passaic County .... New Jersey
- Orange County United Way ..... New York
- United Way of Buffalo & Erie County ..... New York
- United Way of Dutchess County .. New York
- United Way of Niagra ..... New York
- United Way of the Tonawandas ... New York
- United Way of Wyoming County .. New York
- United Way of Delaware County ... Ohio
- United Way Services of Greater Cleveland Ohio
- Smethport Area United Way .... Pennsylvania
- United Way of the Capital Region . Pennsylvania
- United Way of Windham County .. Vermont

**T**he United Way is one of the largest social service organizations in the country. Its primary mission is identifying critical needs in the community and mobilizing the human and financial resources required to address them. C&S employees donate generously to the United Way of their choice through payroll deductions and one-time gifts. C&S matches our employees' contributions based on the participation rate at each of our facilities. In 2004, our collective donations to the United Way increased by 12% and the number of United Way organizations increased from a dozen to nearly fifty.

## CHILDREN

### Caring for future generations

Our commitment to improving the lives of children is an important part of caring and sharing at C&S. Children represent the future, and we want them to grow up safe, healthy, happy and strong.

C&S is a proud advocate of groups and organizations that improve the lives of children in the areas of education, healthcare, violence prevention, social development and child care. Whether it is funding a program to promote healthy nutrition in day care settings, underwriting cancer research at a major children's hospital or encouraging children to learn how to read, C&S is always there for kids.

The following are two examples of our many contributions to organizations that serve children:



#### **Child First**

*Keene, New Hampshire*

With the number of working families on the rise, the issue of child care is more important than ever. Families who require day care services for their children are under enormous pressure to find a suitable option for their children while balancing the demands of their jobs and commitment to their employer. Child First bridges the child care gap between employers and employees by creating educational materials that provide suitable and licensed day care options that match the needs of employees as well as employers. C&S' financial assistance will help 2,000 families in our headquarter communities make more informed day care decisions.

#### **Windham Child Care Association**

*Brattleboro, Vermont*

Good nutrition at an early age is critical to a child's intellectual, social and physical development. Windham Child Care Association provides specialized training programs for day care facilities in Windham County to help them plan and provide healthy meals for the 500 children in their care. C&S provided a cash grant to help support the day-to-day operation of this valuable program.

## HEALTH CARE

### Support for healthy communities

As part of our commitment to improving the quality of life in the communities we serve, we take an active role in supporting community-based health care. C&S proudly supports non-profit community health-care organizations to help people live long, healthy lives.

In addition to underwriting medical research and sponsoring a children's hospital, we also provide grants to selected hospitals and behavioral health centers. Our support allows them to purchase the latest screening and diagnostic equipment as well as fund programs that provide medical assistance and transportation to those in need.

Over the past 18 years, the C&S Charity Golf Outing has raised over \$1 million for children's cancer research and treatment. The 2004 tournament raised \$125,000, of which \$75,000 was donated to the pediatric oncology unit at the Children's Hospital at Dartmouth-Hitchcock Medical Center and \$50,000 was donated to The Jimmy Fund for children's cancer research.

The following are a few examples of the many ways we support community-based health care:

#### **Vermont Association for the Blind (Windham County)**

*Burlington, Vermont*

Visual impairment affects people of all ages. The Vermont Association for the Blind is a private, non-profit organization that provides support and free services to Vermont residents who are blind or visually impaired. C&S' grant helped the Association purchase specialized high-tech equipment to be used by people with visual impairments.

#### **Island of Hope**

*Natick, Massachusetts*

The Island of Hope program provides teens afflicted with cancer and their families help in dealing with the day-to-day challenges of this disease. Held on Thompson's Island in Boston Harbor, this free one-week experiential program emphasizes wellness, self-reliance and relationship-building with peers and health care professionals. C&S' grant helped the Island of Hope expand its program to include the hospitals in New England that are located near C&S facilities.



Photo courtesy of Mark Washburn, Children's Hospital at Dartmouth

“Including this year's donation, C&S has raised over \$385,000 for the programs and kids at CHaD and the Pediatric Oncology Program. I know firsthand from talking with the doctors, Child Life specialists and other staff at CHaD that your support has made a huge difference for children with cancer. Thank you for your dedication and hard work in support of kids with cancer.”

David McWilliams  
Corporate and Community Relations  
Children's Hospital at Dartmouth  
Dartmouth-Hitchcock Medical Center  
Lebanon, New Hampshire



# LOCAL GIVING Local Decisions

At C&S, we think local giving requires local decisions. As a result, we have empowered our employees to respond to charitable requests from local organizations and community groups. Our employees live locally, so they have a good understanding of the issues, needs and opportunities that are important to the community.

What makes this process particularly rewarding is that it provides our employees with a unique opportunity to make decisions that have a positive impact on the lives of people in our headquarter communities.

The following are some of the organizations that benefited from our local decision-making process:



## Local Mini-Grants

### Puppies Behind Bars

*New York, New York*

Puppies Behind Bars trains prison inmates to raise guide dogs for the blind and explosive-detection canines for law enforcement. C&S provided a mini-grant for “puppy sitting,” a critical component of the program which utilizes non-inmate volunteers to acclimate the puppies to life outside the prison walls, to get them used to “real world” sights and sounds.



### Wyman Way Cooperative

*Keene, New Hampshire*

Wyman Way Cooperative helps people with mental and emotional disorders find meaningful and rewarding employment opportunities in either a sheltered workshop environment or in local businesses. The mini-grant C&S awarded provided employment assistance to mentally challenged individuals in New Hampshire’s Monadnock region.



### Tri-County Opportunities Industrialization Center, Inc.

*Harrisburg, Pennsylvania*

Tri-County OIC provides educational and training services to help children and adult learners in the greater Harrisburg area become self-sufficient. Programs include adult education, early childhood education, language skills and job readiness. The mini-grant C&S awarded helped fund “Project Story Time,” a literacy program for families with young children.

### Parents and Children Together

*Brattleboro, Vermont*

Parents and Children Together provides a safe and supervised setting for visits by non-custodial parents and their children. Without a supervised setting, these visits can sometimes lead to violence between estranged parents or children being abducted by a non-custodial parent. The mini-grant C&S provided helped PACT expand its valuable services to other communities.



Photo courtesy of Habitat for Humanity International

### Pioneer Valley Habitat for Humanity

*Florence, Massachusetts*

C&S employees approved a mini-grant for the Pioneer Valley chapter of Habitat for Humanity to assist them with the purchase of electrical fixtures for two homes they were building in Northampton. As is the case with all Habitat for Humanity projects, these homes were built for low-income families in need of affordable housing.

## Local Product/Food Donations



### Public Safety Fund raisers

*Windsor Locks, Connecticut; Brattleboro, Bellows Falls and Vernon, Vermont; North Hatfield, Massachusetts; Spofford, New Hampshire*

C&S donated food to police and fire departments for use at fund-raising breakfasts, carnivals and benefits. C&S is proud to support our local public safety officials in their efforts to improve the quality of life in our communities.

### Monadnock Area Foster Parent Association

*West Swanzey, New Hampshire*

The Monadnock Area Foster Parent Association seeks to improve the lives of foster children and their families in New Hampshire’s Monadnock region. C&S

employees elected to donate food products for a fund raiser the association held in October 2003.



### The Association for Community Living

*Springfield, MA*

The Association for Community Living provides support services

to 1,053 individuals with developmental disabilities throughout Western Massachusetts. C&S donated food for the Association’s 8th Annual Agency Picnic.

### Brattleboro Area Community Land Trust, Inc.

*Brattleboro, Vermont*

C&S donated veggie burgers and assorted beverages for 200 people attending the Brattleboro Area Community Land Trust annual meeting and picnic. The BAHLT enhances the quality of life of low- and moderate-income citizens by preserving and renovating individual properties and neighborhoods.

# COMMUNITY

## A strong community partner

### Community Involvement Mission Statement

C&S Wholesale Grocers supports initiatives to stop hunger and to promote the health and enrichment of communities that are homes to our employees and facilities.

At C&S, our most valuable resource is people. Our employees form the backbone of this company and work extremely hard each and every day. We, in turn, strive to provide them with a stable, well-compensated job, excellent benefits and a safe and enjoyable working environment. But our responsibility to our employees doesn't end there. We are also dedicated to improving the quality of life in the communities they live and work in.

Each year, we actively support organizations and events that improve our communities. The following are two of the organizations we supported in 2004:



Photo courtesy of Home Healthcare, Hospice and Community Services

### Home Healthcare, Hospice and Community Services

*Keene, New Hampshire*

When it comes to quality of life, home is where the heart is. Being able to live out your life in your own home can make a world of difference. Home Healthcare, Hospice and Community Services helps people live independently in their own homes while receiving the support they require—like Meals on Wheels, hospice care and adult day care. C&S is proud to support HCS and the many wonderful services they provide.



in partnership with the Safeway Foundation, provided the department with the technology to better locate and rescue people trapped in smoke-filled buildings.

### Marlboro Volunteer Fire Department

*Upper Marlboro, Maryland*

Making our communities better places to live and work is what we're all about. Making our communities safer places to live and work is also important to us. So when the Marlboro Volunteer Fire Department approached us for help in purchasing a hand-held thermal imaging camera, we answered the call—just like they do every day. Our grant,

## Sponsorships



At C&S, we love to sponsor events that bring people together in a fun and family-friendly atmosphere. As part of our mission to enhance the quality of life in our communities, we take an active role in sponsoring festivals, fairs, fireworks, concerts and other lively community events.

The following is a partial list of the events we sponsored in 2004 in our headquarter communities:

### 2004 C&S-sponsored community events

- **Brattleboro Area Chamber of Commerce**  
*Brattleboro, Vermont*  
Sponsored Fourth of July festivities including the parade
- **Keene Rotary Club**  
*Keene, New Hampshire*  
Provided support for free admission to Fourth of July festivities and fireworks
- **Vermont Theater Company**  
*Brattleboro, Vermont*  
Sponsored "The Unexpected Guest," a critically acclaimed mystery by Agatha Christie
- **Hall Farm Center for Arts and Education**  
*Townshend, Vermont*  
Provided support for children's programming at the Brattleboro Literary Festival
- **KidsPLAYce**  
*Brattleboro, Vermont*  
Sponsored performances of "Circus Smirkus," an international touring circus featuring young performers
- **Center Stage Cheshire County**  
*Keene, New Hampshire*  
Sponsored a year-long series of events including the Keene Pumpkin Festival and First Night
- **Strolling of the Heifers**  
*Brattleboro, Vermont*  
Sponsored the Family Entertainment Tent
- **Harris Hill Ski Jump**  
*Brattleboro, Vermont*  
Sponsored 2004 international ski jumping competition
- **A Taste of Keene**  
*Keene, New Hampshire*  
Sponsored this event to showcase local eateries and to raise funds for Meals on Wheels and community service projects by nutrition students at Keene State College

# VOLUNTEERS C&S caring in action

Our community support involves more than just food donations and financial assistance. It also involves human capital. C&S employees volunteer thousands of hours of their time in the community as coaches, instructors, school and non-profit organization board members, EMTs and youth group leaders.

What makes this particularly compelling is that our people volunteer their time because they *want* to—not because they feel they *have* to. We think that says a lot about them and we proudly support their efforts.

In 2004, C&S participated in the following volunteer activities:

### Make a Difference Day

Nearly 100 C&S employees from three states joined over three million volunteers across the country for Make a Difference Day, the national campaign designed to improve the quality of life in America's communities. C&S associates painted the

exterior of the Brattleboro Drop In Center in Brattleboro, Vermont, and the food storage room, waiting room and offices of Open Pantry Community Services in Springfield, Massachusetts. They also helped harvest over six tons of potatoes for the Central Pennsylvania Food Bank in Harrisburg, Pennsylvania.

### National Hunger Awareness Day

In June, C&S Associates opened their hearts and their cupboards, donating nearly three tons of food during a company-wide food drive held on National Hunger Awareness Day. The collected food included important staple products like pasta, rice, tuna, cereal, baby food and soup and was delivered to over a dozen food banks.

### Dollars for Doers

Launched in 2004, our Dollars for Doers program encourages employees to volunteer a minimum of 25 hours to a qualified non-profit organization of their choice.

In recognition of their efforts, C&S donates one dollar for each hour of service performed above and beyond the initial 25 hours.

In 2004, C&S employees volunteered at schools, served as coaches and scout leaders, helped out at area soup kitchens and served on emergency rescue squads. In 2005, we expect this program to inspire more employees to volunteer and to generate even more financial support for community organizations.



### Community Volunteerism Mission Statement

C&S Wholesale Grocers is committed to helping our communities and neighbors by providing encouragement, funds and opportunities for our associates to give of themselves, their skills, energies and their time.



### Life is unpredictable. Our response to help those in need is not.

In late summer of 2004, the southeastern U.S. was hit with multiple hurricanes. In August, Hurricane Charley pounded Florida's west coast with high winds, torrential rains and severe flooding. Less than a month later, Hurricane Ivan slammed into Alabama and the Florida panhandle, again causing catastrophic damage and leaving hundreds of thousands of people without electricity, food and shelter.

In both cases, C&S was quick to respond. Within hours of each storm, C&S employees had loaded up a tractor-trailer truck full of water to be donated to America's Second Harvest for transportation to the storm-ravaged areas. America's Second Harvest works directly with the Federal Emergency Management Agency (FEMA) and also partners with the American Red Cross and the Salvation Army to bring help where it's needed during national disasters.

C&S employees in Brattleboro, Vermont, on Make a Difference Day. Their efforts, as well as those of C&S employees in Harrisburg, Pennsylvania, were commended in *USA Today*.



## GOOD DEEDS

### The power of our people

The greatest acts of kindness sometimes go unnoticed. Such is the case with our big-hearted employees, who perform acts of charity on a daily basis without fanfare or publicity. Simply put, our employees like helping people.

The following are a few of the many good deeds C&S employees have performed:

- Taking care of winter snow removal at a nearby Food Bank
- Loaning a tractor trailer for storage at a free, community-wide celebration
- Donating a two-wheeled hand truck to a local community kitchen
- Collecting clothing and back-to-school supplies for needy families
- Participating in walk-a-thons and other fund-raising efforts
- Helping with landscaping a local homeless shelter
- Hosting a U.S. Army convoy on a rainy Saturday in the parking lot of one of our warehouses so the troops could rest (and have a snack, on us)



## EDUCATION

### The C&S commitment to excellence

To underscore our longstanding support of higher education, C&S donated \$1 million to the "Windows Into Science, Portals to the World" campaign in December 2003 to help finance the construction of a new science center at Keene State College in Keene, New Hampshire.

The project was the largest construction project in Keene State College's history and C&S' support helped the college add an additional 38,000 square feet of space to its existing science center. The new addition includes four new classrooms, 21 research and teaching laboratories and a 102-seat lecture hall.

C&S is extremely proud to have supported the construction of a facility that will not only benefit the students and faculty at Keene State College but the businesses and local communities in the region as well.



## ENVIRONMENT

As a good corporate citizen, we know we have a responsibility to conserve energy and protect the environment.

In 2004, C&S recycled over 30,000 tons of office paper, corrugated cardboard, wooden pallets, lumber and steel cans. According to the U.S. Department of Energy and the Environmental Protection Agency, this was enough to remove 54,000 metric tons of carbon dioxide from the atmosphere and save over 195,000 trees.

### Caring for our planet

While we are certainly proud of our efforts, we remain committed to looking for additional ways to recycle and conserve our natural resources and preserve the environment for future generations.

#### Items Recycled in 2004

- Office Paper
- Plastic Wrap
- Steel and Tin Cans
- Wooden Pallets
- Used Vehicle Oil
- Corrugated Cardboard
- Electronics/Computers

## C&S CARES

### Our people make a difference

The organizations listed here received contributions from C&S Wholesale Grocers between October 1, 2003, and September 30, 2004. This list is a portion of the non-profit organizations that benefit from company giving and community involvement programs.



Abilities Unlimited of Western New England  
 Alumni Field Trust  
 American Cancer Society  
 American Heart Association  
 American Red Cross  
 Antioch New England Graduate School  
 Association for Community Living  
 Autism Society of Vermont  
 Avon Walk for Breast Cancer  
 Bellows Falls Firefighters Association  
 Blueberry Fiddle Festival  
 Bowmansville Volunteer Fire Company

Brattleboro Area Affordable Housing  
 Brattleboro Area Community Land Trust  
 Brattleboro Area Middle School  
 Brattleboro Fire Department  
 Brattleboro Kids Fair  
 Brattleboro Last Night  
 Brattleboro Memorial Hospital  
 Brattleboro Museum & Art Center  
 Brattleboro Senior Meals  
 Brattleboro Walk-in Clinic  
 Brattleboro Winter Carnival  
 Broadneck Elementary School  
 Capital Area Food Bank  
 Center Stage Cheshire County  
 Cheshire Valley Playgroup  
 Chester Public Library  
 Chesterfield School  
 Child First  
 Children's Hospital at Dartmouth/CHaD  
 Citizens United for Research in Epilepsy  
 Citymeals-on-Wheels  
 Colonial Theatre Group  
 Community United Way of Pioneer Valley  
 Cystic Fibrosis Foundation  
 Deerfield Valley Senior Meals  
 Dummerston School  
 Early Childhood Council of Windham County  
 Elliot Street Neighborhood Association  
 End Hunger Connecticut!

Estey Organ Museum  
 Esteyville Public Pre-School - Brattleboro  
 Fall Mountain Regional High School Football Booster Club  
 Food Bank of Western Massachusetts  
 Foodshare  
 Gavron Children's Fund  
 Girls Scouts and Boy Scouts of America, Various Local Troops  
 Glenn E. Hines Memorial Boys & Girls Club of Newburgh  
 Greater Westfield Habitat for Humanity  
 Guilford Historical Society  
 Halifax School  
 Hall Farm Center for Arts & Education  
 Hampshire Community United Way  
 Harford Habitat for Humanity  
 Harris Hill Ski Jump  
 Hartford Area Habitat for Humanity  
 Hatfield Book Club  
 Hatfield Elementary School  
 Hatfield Foundation for the Enhancement of Education  
 Hawaii Food Bank  
 Highland Elementary School  
 Hinsdale Elementary School PTA  
 Holyoke Public Library  
 Home Health Care and Community Services  
 Hugh O'Brian Youth Leadership Program  
 Island of Hope  
 Jonathan M. Daniels School

Juvenile Diabetes Foundation  
 Katwhirl  
 Keene Chorale  
 Keene Day Care Center  
 Keene Middle & High Schools  
 Keene Music Festival  
 Keene State College  
 Kidsplayce  
 Leland and Gray Union Middle and High Schools  
 March of Dimes  
 Marlboro, Maryland Volunteer Fire Department  
 Michael E. Smith Endowment for Excellence in Education  
 Monadnock Area Foster Parent Association  
 Monadnock Humane Society  
 Monadnock Waldorf School  
 Multiple Sclerosis Society  
 Myeloproliferative Disorders Foundation  
 Neighborhood Schoolhouse of Brattleboro  
 New Brunswick, NJ Police Department  
 New England Kurn Hattin Homes  
 Newburgh, NY Pop Warner  
 Norris Cotton Cancer Center  
 North Hatfield, MA Police Department  
 Northampton Society for The Prevention of Cruelty to Animals  
 Northwestern Children's Advocacy Project  
 Oak Grove School

Orange-Ulster Board of Cooperative Educational Services  
 Parents and Children Together  
 Patuxent River 4h Center  
 Pinnaclehealth Hospice  
 Pioneer Valley Habitat for Humanity  
 Pioneer Valley Humane Society  
 Prevent Child Abuse-Vermont  
 Puppies Behind Bars  
 Putney Recreation League  
 Putney Road Business Association  
 Radio Free Brattleboro  
 Regional Food Bank of New York  
 Shore Dreams for Kids  
 Spofford, New Hampshire, Fire Department  
 St. Joseph School  
 St. Michael's School  
 Stonewall Farm  
 Strolling of the Heifers  
 The Grammar School  
 The Jimmy Fund  
 Tri-County Opportunities Industrialization Center  
 Tucker Foundation - Dartmouth College  
 United Way of Buffalo And Erie County  
 United Way of Central Jersey  
 United Way of Orange County  
 United Way of The Capital Area  
 United Way of The Capital Region  
 United Way of The National Capital Area  
 United Way of Windham County

USO of Northern Ohio  
 Valley Youth Sports  
 Vermont Association for the Blind and Visually Impaired  
 Vermont Healing Tools Project  
 Vermont Theatre Company  
 Vernon Fire Department  
 Volunteers in Public Schools of Westfield  
 Warm The Children  
 Westfield High School  
 Westfield North Middle School Students Against Destructive Decisions  
 Windham Child Care Association  
 Windham County Safe Kids  
 Windsor Locks Fire Department  
 Winston L. Prouty Center  
 Woodbridge High School  
 Wyman Way Cooperative  
 Yellow Barn  
 YMCA, Keene

#### Community Involvement Mission Statement

C&S Wholesale Grocers supports initiatives to stop hunger and to promote the health and enrichment of communities that are homes to our employees and facilities.



## The 2nd Largest Grocery Wholesaler in the United States

For 86 years, C&S has provided first-class warehousing and distribution services to our customers. In 2003, *Forbes* Magazine ranked C&S the eighth largest privately held company in the nation. From over three dozen warehouse facilities throughout the United States, C&S Associates serve some of the largest supermarket chains in the nation.

**LOCATIONS:** ■ Aberdeen, MD ■ Brattleboro, VT ■ Greater Buffalo, NY ■ Chester, NY ■ Greater Cleveland, OH  
■ Fresno, CA ■ Kapolei, HI ■ Keene, NH ■ Harrisburg, PA ■ Montgomery, NY ■ Metro NJ area ■ Newburgh, NY  
■ North Hatfield, MA ■ North East, MD ■ Sacramento, CA ■ South Hatfield, MA ■ Suffield, CT ■ Tracy, CA  
■ Upper Marlboro, MD ■ Westfield, MA ■ Windsor Locks, CT

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